

CURRICULUM VITAE

LUDMILA ZELTZER Psy.D. , QME

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EIN 81-4209503 / NPI 1073945622

Private Practice:

2016 – present *Setting:* Private Practice in Sherman Oaks
 Population: Adults, Adolescents, Couples diagnosed with
 Depression, Anxiety, Addictions, Immigration/Acculturation Issues
 Approach: Psychodynamic, Intersubjective, CBT, Mindfulness, Brainspotting

2022 -- present Qualified Medical Examiner, DWC, CA

Education:

2015 **California School of Professional Psychology–Los Angeles (CSPP-L.A.)**
 Alliant International University (APA and CPA accredited program)
 Doctor of Psychology

Research Experience:

Dissertation: Post-modern children's illustrated activity books: New early interventions to prevent bullying behaviors in schools (Pre K -2nd Grade).

Dissertation Chair: Christina Magalhaes, Ph.D.

Dissertation Proposed: March, 2014 Alliant International University, CSPP-LA

Gateway to Success, Alhambra USD (2010-2011)

Developed and researched interventions that provide a bridge between school and home environment in teaching and implementation of empathy training, social skills, and violence prevention utilizing the principles of the Second Step Program.

Supervised Clinical Experience:

2014 – 2016 **CAPIC PRE/POST- Doctoral Psychological Fellow**
 Saturday Center for Psychotherapy 3201 Wilshire Blvd, Suite #201, Santa Monica, CA 90403

Primary Supervisor: Cindy Speich Psy. D.

Auxiliary Supervisor: Kenneth Scott Psy.D., Monica Farassat MFT, Psy.D

Group Supervisor: Susan Frankel Ph. D.

- *Setting:* Community Mental Health Center

- *Responsibilities:* Conducted intakes, psychosocial assessments, one-on-one individual weekly sessions, and crisis management. Participated in group supervision and didactic instruction. Worked as part of multidisciplinary team, participated in office management, billing and marketing events.
- *Population:* Adults, adolescents, couples, parity diagnoses, Axis II disorders, as well as co-occurring substance abuse disorders.

2013 – 2014

CAPIC Doctoral Psychological Intern

San Fernando Valley Community Mental Health Clinic

Older Adult -Homebound Program 14600 Sherman Way Circle, Van Nuys, CA

Individual Supervisors: Howard Lee Myerhoff Ph. D., Gerrian Wuts Ph.D.

Group Supervisor: Cassandra Adams, LMFT

- *Setting:* Community Mental Health Agency
- *Responsibilities:* Conducted intakes, psychosocial assessments, one-on-one individual weekly sessions, group therapy, crisis management, targeted case management and billing (DMH paperwork). Administered and analyzed MMSE, Beck Depression Inventories for Older Adults. Participated in group supervision and didactic instruction. Worked as part of multidisciplinary team. Wrote DMH process notes, annual assessment updates, OMA's, CCCPs, opening and closing clients in DMH system.
- *Population:* Older adults (55 y/o and older) who suffer from mental illness, co-occurring substance abuse disorders, and/or other problems of aging, history or risk of homelessness, homebound with little or no support system, history or risk of serious abuse and neglect, history or risk of suicidality, history or risk of recent psychiatric hospitalizations.

2012 – 2013

Psychological Trainee

Otis College of Arts and Design, Student Counseling Center

9045 Lincoln Boulevard, Los Angeles, CA 90045

Supervisor: Fred L. Barnes Ph.D.

- *Setting:* College Student Counseling Services
- *Responsibilities:* Conducted intakes, diagnostic evaluations and crisis management, one-on-one long-term and brief therapy for individuals, couples, groups and families. Administered and analyzed psychological assessments (MMPI-II, LASSI, Beck Inventories: BSS, BHS, BDI-II, BAI). Developed community outreach program to educate and screen for depression and addictions and participated as a keynote speaker. Wrote an article for school newspaper promoting mental health. Organized and facilitated educational presentations for National College Depression Screening Day and National Addictions Screening Day. Participated in group supervision and didactic instruction. Worked as part of multidisciplinary team.
- *Population:* Otis College of Art and Design BFA and MFA students. Clients from multicultural backgrounds seeking help and counseling for

posttraumatic stress disorders, substance abuse, Axis I and Axis II disorders.

Speaking and Workshop Engagements

August 2015	Zeltzer L., Magalhaes, C. & O'Callaghan, E. (2015). <i>Post-modern illustrated activity books: bullying prevention begins in elementary schools</i> . Peace presentation at the Annual APA convention in Toronto, Canada.
February 2015	Zeltzer L., Magalhaes, C. & O'Callaghan, E. (2015). <i>How early is too early? Bullying prevention in elementary schools</i> . Poster presentation at the Annual Conference of the National Association of School Psychologists, Orlando, FL.
February 2015	Zeltzer L., Magalhaes, C. & O'Callaghan, E. (2015). <i>If we ask, what will they say? Educators on bullying</i> . Poster presentation at the Annual Conference of the National Association of School Psychologists, Orlando, FL.
April 2014	Zeltzer L., & Magalhaes, C. (2014). <i>Post-modern children's illustrated activity books: New early interventions to prevent bullying behaviors in schools (Pre K to 2nd Grade)</i> . Oral presentation at the Annual Meeting of the Southwestern Social Science Association, San Antonio, TX.
April 2013	Keynote speaker, organizer and program developer: <i>Stress Management Day Outreach Program on College Campuses</i> Otis College of Art and Design, Los Angeles, CA
April 2013	Workshop developer and co-presenter: <i>Stress Management for Study Abroad Program for College Students</i> Otis College of Art and Design, Los Angeles, CA
February 2013	Keynote speaker, organizer and program developer: <i>National Eating Disorders and Screening on College Campuses</i> Otis College of Art and Design, Los Angeles, CA
February 2013	Workshop developer and co-presenter: <i>Stress Management for Study Abroad Program for College Faculty and Students</i> Otis College of Art and Design, Los Angeles, CA
January 2013	Workshop organizer, program developer and keynote speaker: <i>Stress Management and Mental Health Workshop</i> Otis College of Art and Design, Los Angeles, CA
December 2012	Keynote speaker: <i>National Depression Awareness and Screening Day on College Campuses</i> Otis College of Art and Design, Los Angeles, CA

Supervising Experience:

2014 – 2016

Saturday Center for Psychotherapy and Training

Participated in peer group supervision, identifying parallel processes, helping with case conceptualization and treatment planning.

2014 – 2015

Alliant International University-CSPP-LA

Provided peer-supervision for G1 students during their practicum engagement with violence prevention program at elementary schools in Alhambra Unified School District.

Membership in Professional Associations

Los Angeles County Psychological Association member of the Community Outreach Committee

Language Proficiency

Russian (native speaker), Hebrew (second language)

References

Available upon request