

Professional Biography

Brenda Van Wyck, Psy.D., QME is a Licensed Clinical Psychologist and Qualified Medical Evaluator with over 17 years of clinical experience and specialized expertise in psychological assessment and treatment.

She earned her Bachelor of Arts in Psychology from the University of Manitoba, followed by a Master of Arts and a Doctor of Psychology (Psy.D.) from the California School of Professional Psychology in Los Angeles.

Dr. Van Wyck's professional career includes positions at Children's Hospital Los Angeles in the UCEDD program, Facey Medical Foundation, and SkyTherapist, where she provides evaluations for the U.S. Department of Veterans Affairs.

Since 2011, she has maintained a thriving private practice, offering comprehensive psychological care for adolescents, adults, couples, and families.

Her clinical expertise covers a wide range of issues, including trauma, grief and bereavement, depression, anxiety, ADHD, autism spectrum disorders, parenting challenges, self-esteem difficulties, relationship concerns, and body image issues.

Dr. Van Wyck's therapeutic style integrates psychodynamic and attachment-based approaches with cognitive-behavioral strategies and interpersonal neurobiology, tailoring treatment to the unique needs of each client.

In addition to clinical work, Dr. Van Wyck has contributed to graduate education as an instructor at Pepperdine University's Graduate School of Education and Psychology and at the University of Phoenix, teaching both on-site and online courses.

As a Qualified Medical Evaluator, Dr. Van Wyck provides independent psychological evaluations in the context of workers' compensation and other medical-legal matters, bringing her clinical depth and objectivity to complex cases.